

# Week 1

w/c Term 1 - 1/9/20, 21/9/20, 12/10/20. Term 2 - 2/11/20, 23/11/20, 14/12/20. Term 3 - 4/1/2021, 25/1/2021)

		<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Main Course	1	Chicken Korma and Rice (GF)	Cheese And Tomato Pizza (GF/DF available)	Roast Turkey, Potatoes and Gravy (GF)	Minced Beef and Onion Pie with Mash (GF)(DF)	Battered Fish and Chips with Tomato Sauce (GF available)
	2	Tomato and Basil Pasta Bake (V)(GF available)	Rainbow Vegetable Stir Fry (V) (GF)	Cheese and Broccoli Pasta (V)(M/D)	Cheese and Onion Pinwheel (V)(G)(E)	Veggie Burger and Chips with Tomato Sauce (V)(G)
	3	Jacket Potato (with one choice of filling) Cheese (M/D) Tuna (F) Beans	Jacket Potato (with one choice of filling) Cheese (M/D) Tuna (F) Beans	Jacket Potato (with one choice of filling) Cheese (M/D) Tuna (F) Beans	Jacket Potato (with one choice of filling) Cheese (M/D) Tuna (F) Beans	Jacket Potato (with one choice of filling) Cheese (M/D) Tuna (F) Beans
Vegetable Choices		Selection of Vegetables	Selection of Vegetables	Selection of Vegetables	Selection of Vegetables	Selection of Vegetables
Dessert	A	Strawberry Trifle (M/D)	Apple Crumble and Custard (G)(E)	Sultana Sponge with Lemon Sauce(G)(E)	Chocolate Crunch (M/D)	Vanilla Iced Shortbread (G)(E)
Pasta Bar		Bolognaise Tomato & Herb (V)	Chicken Tikka Pomodoro (v)	Chilli Beef Salsa (V)	Turkey Curry Tomato and Basil (V)	Carbonara Spicy Beans (v)

(G) Contains Gluten, (M/D) Contains Milk/Dairy, (S) Contains Soya, (SU) Contains Sulphates, (F) Contains Fish, (E) Contains Eggs, (GF) Suitable for Gluten Free, (DF) Dairy Free, (V) Vegetarian

# Week 2

(w/c Term 1 - 7/9/20, 28/9/20, 19/10/20. Term 2 - 9/11/20, 30/11/20. Term 3 - 11/1/2021, 1/2/2021)

		<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Main Course	1	BBQ Chicken with Golden Rice (GF)	Ham and Pineapple Pizza (G)(M/D)	Roast Pork, Potatoes and Gravy	Cottage Pie	Fish Fingers and Chips (G)(M/D)
	2	Mac and Cheese (V)(G)(M/D)	Quorn Korma and Rice (V)(GF)	Mushrooms stuffed with Feta and Red Onion Confit (V)(M/D)	Veggie Sausages, Potatoes and Gravy (V)(GF)	Cheese and Tomato Puffs with Chips (V)(G)(M/D)
	3	Jacket Potato (with one choice of filling) Cheese (M/D) Tuna (F) Beans	Jacket Potato (with one choice of filling) Cheese (M/D) Tuna (F) Beans	Jacket Potato (with one choice of filling) Cheese (M/D) Tuna (F) Beans	Jacket Potato (with one choice of filling) Cheese (M/D) Tuna (F) Beans	Jacket Potato (with one choice of filling) Cheese (M/D) Tuna (F) Beans
Vegetable Choices		Selection of Vegetables	Selection of Vegetables	Selection of Vegetables	Selection of Vegetables	Selection of Vegetables
Dessert	A	Flapjack	Peach Crumble and Custard (G)(M/D)	Jam Sponge and Custard (G)(M/D)	Chocolate Trifle (M/D)	Carrot Cake (G)(M/D)
Pasta Bar		Bolognaise Tomato & Herb (V)	Chicken Tikka Spicy Salsa (v)	Carbonara Pomodoro (V)	Chilli Beef Tomato and Basil (V)	Meatballs Spicy Beans (v)

(G) Contains Gluten, (M/D) Contains Milk/Dairy, (S) Contains Soya, (SU) Contains Sulphates, (F) Contains Fish, (E) Contains Eggs, (GF) Suitable for Gluten Free, (DF) Dairy Free, (V) Vegetarian

# Week 3

(w/c Term 1 - 14/9/20, 5/10/20. Term 2 - 16/11/20, 7/12/20. Term 3 - 18/1/2021, 8/2/2021)

		<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Main Course	1	Spaghetti Bolognaise (G)	Pepperoni Pizza (G)(M/D)	Roast Chicken, Potatoes and Gravy (GF)	Sausage and Mash (G)	Breaded Cod and Chips (G)(M/D)
	2	Potato Longboats (V)(M/D)	Veggie Chilli with Rice (V)(GF)	Vegetable Bolognese and Pasta (V)(G)	Cauliflower Cheese (V)(M/D)	Veggie Bites with Chips (V)(G)
	3	Jacket Potato (with one choice of filling) Cheese (M/D) Tuna (F) Beans	Jacket Potato (with one choice of filling) Cheese (M/D) Tuna (F) Beans	Jacket Potato (with one choice of filling) Cheese (M/D) Tuna (F) Beans	Jacket Potato (with one choice of filling) Cheese (M/D) Tuna (F) Beans	Jacket Potato (with one choice of filling) Cheese (M/D) Tuna (F) Beans
Vegetable Choices		Selection of Vegetables	Selection of Vegetables	Selection of Vegetables	Selection of Vegetables	Selection of Vegetables
Dessert	A	Rice Pudding with Jam (M/D)	Fruit Crumble and Custard (G)(M/D)	Banana Cake (G)(M/D)	Sticky Toffee Pudding and Toffee Sauce	Cookie (G)(M/D)
Pasta Bar		Turkey Korma Tomato & Herb (V)	Bolognaise Pomodoro (V)	Carbonara Spicy Salsa (v)	Chilli Beef Tomato & Basil (V)	Meatballs Spicy Beans (V)

(G) Contains Gluten, (M/D) Contains Milk/Dairy, (S) Contains Soya, (SU) Contains Sulphates, (F) Contains Fish, (E) Contains Eggs, (GF) Suitable for Gluten Free, (DF) Dairy Free, (V) Vegetarian