

SPORT LEVEL 3 EXTENDED CERTIFICATE – Btec



“Success isn’t given.....it’s earned on the track, in the gym, with blood, sweat, and the occasional tear!” *Nike*

Overview

Btec Sport is aimed at students with an interest in sport, exercise and health and includes a range of practical and theory based lessons in order to give students an insight into a variety of sports based careers or further study.

Year 12

Unit 1: Anatomy & Physiology

Unit 2: Fitness Training and Programming for Health, Sport and Well-being

Year 13

Unit 3: Professional Development in the Sports Industry

Unit 7: Practical Sports Performance

Assessment method

You will sit one written examination, ideally during Year 12. You will prepare one task which is marked externally, the remaining two units of work will complete an internally assessed portfolio.

Additional information

In addition to homework you will also be expected to carry out a minimum of 5 hours independent study per fortnight in each subject studied. During independent study you are expected to prepare coursework, continue work on your assignments and read around each topic in the course.

You will need a copy of ‘BTEC Nationals Sport Student Book 1’ by Pearson (ISBN 9781292134000).

You will need to have an internet enabled device such as a laptop or notebook.

The course will involve day trips to Bath University to extend learning.

Entry requirements

Five GCSE Grade 4 to 9.

For more information contact

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Futures

Fitness Instructor, Personal Training, roles within the Leisure Industry, Sports Coaching and PE Teaching.

Exam board



Approved Centre from Pearson