

# PHYSICAL EDUCATION – A Level



"I've missed more than 9000 shots in my career. I've lost almost 300 games. 26 times, I've been trusted to take the game winning shot and missed. I've failed over and over and over again in my life. And that is why I succeed." *Michael Jordan*

## Overview

The A Level Physical Education course is a detailed study of Sports Science, Sports Psychology and Sport in the Society. The course has a great deal of variety within its content, which allows students to gain experience and understanding in all areas of Physical Education. The majority of the course is classroom based as pupils prepare for two examinations at the end of their studies. An A Level Physical Education student will also be assessed in their ability to perform and analyse themselves in one sport, so playing at least one sport regularly is essential for acceptance onto this course.

## Year 12

Applied Anatomy and Physiology  
Skill Acquisition  
Sport and Society

## Year 13

Exercise Physiology and Biomechanics  
Sport Psychology  
Sports and Society and technology in sport

## Assessment method

At the end of Year 12 you will sit end of year exams, these will not count towards your final results.

There are two final written examinations at A level, each are 2 hours long. There is also an assessment where students are assessed as a performer or a coach in a full sided version of one activity. Pupils also analyse their performance in a written piece of work.

## Additional information

In addition to homework you will also be expected to carry out a minimum of 5 hours independent study per fortnight in each subject studied. You are expected to complete exam questions and prepare internal and external assignments.

You will need a copy of Hodder Education's 'AQA A-level PE Book 1' by Atherton, Burrows, Young and Howitt (ISBN: 9781471859564) and 'AQA A-level PE Book 2' by Atherton, Burros, Young and Howitt (ISBN: 9781471859595).

You will visit University of Bath.

## Entry requirements

Five GCSE Grade 6 to 9 including English and Maths. Students require a GCSE Grade 6 in PE and Science.

## For more information contact

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## Futures

Fitness Instructor, Personal Training, Physiotherapy, Nutritionist, roles within the Leisure Industry, Sports Coaching, PE Teaching, working for national and international Sport organisations, Sport Science.

## Exam board

