

Week 3 WRITHLINGTON CATERING MENU Week 3

Choices	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main course one</b>	Pasta in a Tomato & Herb Sauce	Italian Style Shepherd's Pie (GF)	Roast chicken and Stuffing	Beef burger in a Bap	Jumbo Fish Fingers
<b>Vegetarian dishes</b>	Quorn Cottage Pie (GF)	Roasted Vegetable Plait	Onion, Roasted Pepper Risotto	Quorn Burgers	Vegetable Stir Fry with Egg Noodles (GF)
<b>Vegetable choice</b>	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Seasonal Salad	Mushy peas Peas
<b>Appropriate choice of potato, rice or noodles</b>	Mashed Potato to accompany Quorn Cottage Pie	New Potatoes	Roast Potatoes	Oven Baked Wedges	Chips  Curry Sauce
<b>Dessert</b>	Fresh Fruit Salad	Fruit Flapjack	Apple Cake and custard	Chocolate Sponge & Chocolate Sauce	Ice Cream & Fruit Sauce
<b>Jacket potato choice</b>	Beans, cheese and Tuna	Beans, cheese and Tuna	Beans, cheese and Tuna	Beans, cheese and Tuna	Beans, cheese and Tuna
<b>Salad Bar</b>	Available	Available	Available	Available	Available

(GF) Gluten Free